

Rowing Faster By Volker Nolte

By Volker Nolte

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Volker Nolte is director of the rowing programme and assistant professor at the University of Western Ontario, where he teaches coaching and biomechanics.

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The Rowing in Motion Challenge . Posted on: July 20, 2013 / Well, what would be a better prize than the second edition of Volker Nolte s Rowing Faster ?

Volker Nolte is men's head rowing coach and assistant professor at the University of Western Ontario, where he teaches coaching and biomechanics.

The idea behind the book Rowing Faster was to compile the insights of top rowing experts from around the world, giving a well-founded and complete-as-possible

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Volker Nolte is the author of Rowing Faster (4.10 avg rating, 60 ratings, 8 reviews, published 2004), Rowing Faster - 2nd Edition (3.80 avg rating, 5 rat

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From the Publisher "Volker Nolte provides a blueprint for success in our sport. Rowing Faster is a must-read for all rowing coaches, from novice to elite."Mike Teti,

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Volker Nolte is director of the rowing program and assistant professor at the University of Western Ontario, where he teaches coaching and biomechanics.